

Kinetics

IN THIS ISSUE:

THE whole CHILD

IT'S MORE THAN ACADEMIC



ALSO IN THIS ISSUE: 2007-08 ANNUAL REPORT



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SCDS Ultimate team member

Kinetics is produced by Seattle Country Day School for its current and former families and friends. Inquiries may be sent to Seattle Country Day School, 2619 4th Avenue N, Seattle, WA, 98109.

THE SCDS MISSION

Seattle Country Day School is an independent kindergarten through 8th grade school committed to developing the abilities of children of high intellectual and creative promise. Using inquiry-based teaching strategies, SCDS promotes academic excellence and enthusiasm for learning. Within a nurturing environment, the school cultivates responsible behavior and honors each child.

NON-DISCRIMINATION STATEMENT

Seattle Country Day School strives to maintain a diverse school community. The school does not discriminate on the basis of race, religion, color, creed, national or ethnic origin, gender, sexual orientation, or disability in administration of its educational policies, admission, financial aid, or any other school-administered programs.

DEAR SCDS FAMILIES AND FRIENDS,



In this issue of *Kinetics* we are happy to share a window into the affective side of growth and development at SCDS. Our student's social and emotional growth is a particular area of emphasis at SCDS. While our mission and curriculum rightly emphasizes the academic and unique intellectual needs of the gifted student, SCDS pays a lot of attention to our students' affective needs.

Over the last several years, we have cultivated a "Culture of Kindness and Respect." Of the many ways we seek to encourage this culture, one is to gather the entire school several times a year to celebrate student highlights. During these assemblies, we recognize students and staff who have been nominated by others for their acts of kindness and school citizenship; those that have done the right thing or something extra without being watched or told. In addition, we stress that every school rule—written or implied—can be reduced to matters of courtesy and safety. This understanding begins by thinking of others, a primary component of any school community.

One of our latest strategic initiatives speaks to this important element of education: *To prepare students socially and emotionally to meet the challenges of a dynamic world [by] build[ing] skills in leadership and collaboration [and] challenging students to be more accountable, responsible and respectful as school citizens.* That is a lot to ask and expect!

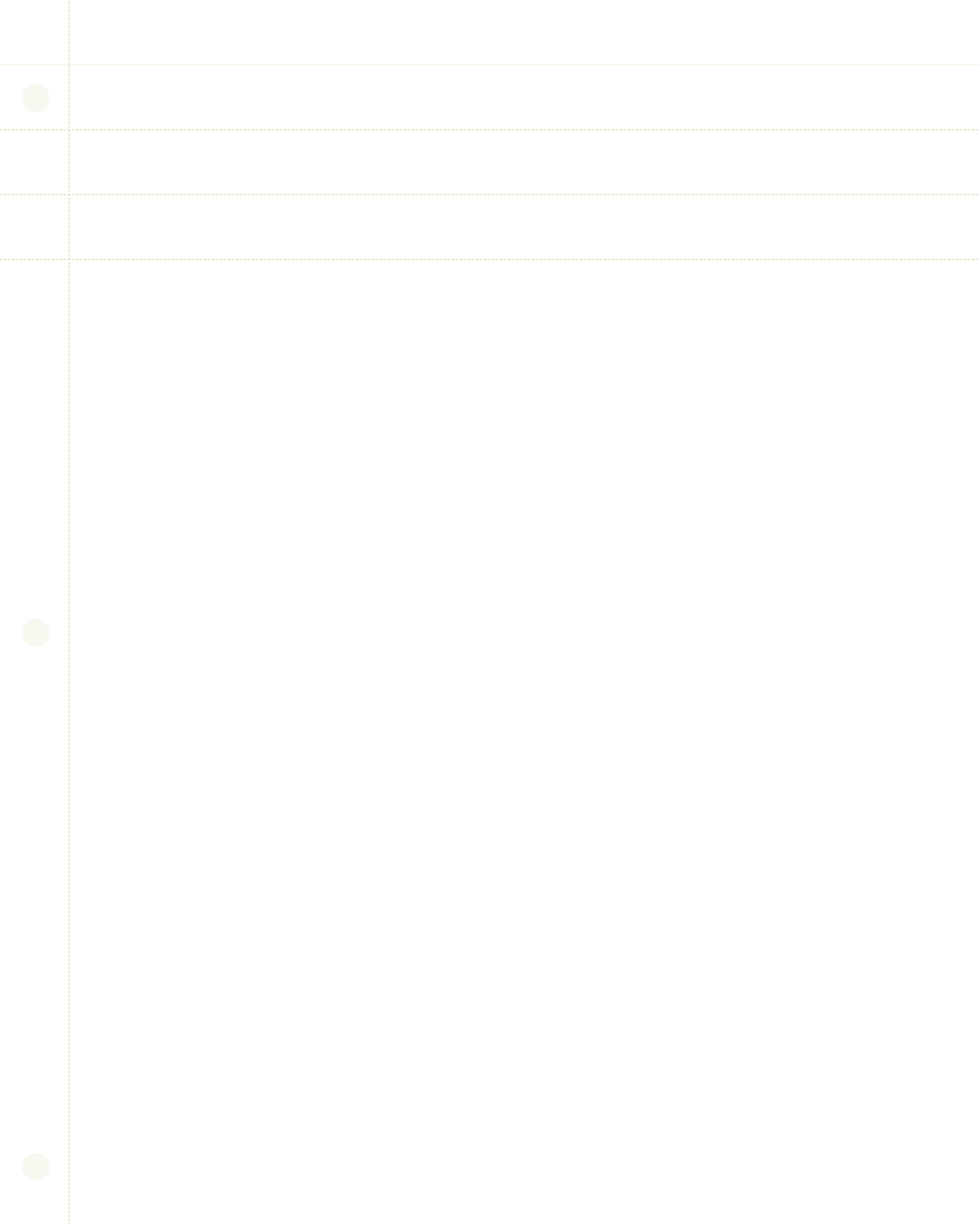
We undertake such a critical endeavor while simultaneously keeping our academic goals.

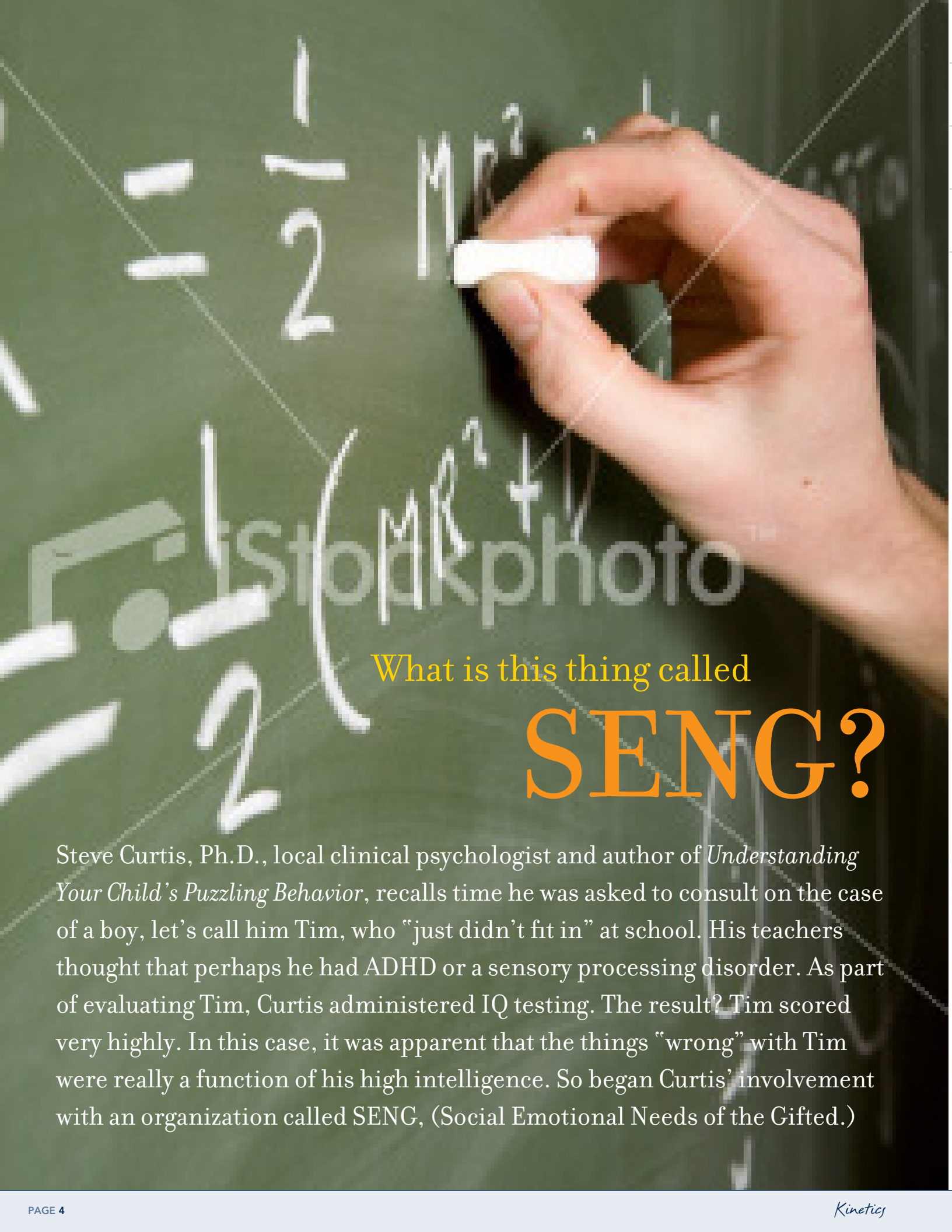
This issue also contains the 2008-09 Annual Report which affords another important and public opportunity to say thank you to everyone for their financial support of SCDS this past year. We appreciate everyone's contribution to SCDS and we are, of course, most grateful for your continued confidence.

Sincerely,

Michael G. Murphy, HEAD OF SCHOOL







What is this thing called

SENG?

Steve Curtis, Ph.D., local clinical psychologist and author of *Understanding Your Child's Puzzling Behavior*, recalls time he was asked to consult on the case of a boy, let's call him Tim, who "just didn't fit in" at school. His teachers thought that perhaps he had ADHD or a sensory processing disorder. As part of evaluating Tim, Curtis administered IQ testing. The result? Tim scored very highly. In this case, it was apparent that the things "wrong" with Tim were really a function of his high intelligence. So began Curtis' involvement with an organization called SENG, (Social Emotional Needs of the Gifted.)

SENG was founded in 1981 by James T. Webb, Ph.D., author of *A Parent's Guide to Gifted Children*. He realized that there were few resources available for this population of kids. In January of that year, Dr. Webb appeared on *The Phil Donahue Show*, to discuss gifted children and depression. Amazingly, that show generated 20,000 calls and letters from people, as Webb related, "confirming the extent of neglect and misunderstanding regarding gifted children and their families."

Curtis, who recently facilitated a 10-week SENNG group for SCDS parents says, "it's just a myth that gifted kids don't have special needs." One of the most common of them is that because they are so intelligent everything else will simply work out. Some of the hallmarks of these children are:

They are very abstract, so they can often be socially inept. Their behavior can come across as strange, bossy, or "quirky", leading to social isolation.

They are huge perfectionists and often have a lot of performance anxiety.

Loneliness can be a problem because they have trouble finding others who relate to them.

They are often very opinionated which can alienate others.

Unusual emotional and physical sensitivity.

"What I love about SENNG is how it provides parents the opportunity to share what works for them with others. They often don't realize just how much they have to offer each other."

JANE HESSLEIN, SCDS 4-5 HUMANITIES TEACHER

According to Curtis, the above qualities can combine with the gifted child's drive to learn, but often the academic content "is just not there. These kids brains aren't being fed and their needs aren't being met." Says Curtis, "Fortunately this isn't a problem at SCDS. You're never going to hear 'there are no kids like me!', and the teaching is so flexible and responsive to the students."

In the classroom, SCDS teachers are certainly know of the traits of their students. SENNG groups operate on the awareness that parents too, are a part of developing the "whole child." Says Lisa Graham, Chair of the SCDS Parent Association Education Committee and SENNG participant, "Parents have a lot of similar experiences, and the SENNG group allows us to see that our children aren't alone in their differences. She mentioned the helpful tools introduced by Steve Curtis, for example, dealing with kids' emotional sensitivity and intensely deep feelings by looking at it as a bell curve. There is an escalation cycle where emotions reach their peak. Says Lisa, "We learned that the top of the curve isn't the time to deal with the difficulty, but later, on the other side of the curve, when emotions have calmed."

Jane Hesslein, SCDS 4-5 Humanities teacher, has been involved with SENNG since 1989 and is a trained facilitator. "What I love about SENNG is how it provides parents the opportunity to share what works for them with others. They often don't realize just how much they have to offer each other. Along with the new understandings come new parenting ideas and resources for smoothing the way. I also love those "aha" moments when a parent says, 'Oh, that is my spouse exactly.' It's not just about the kids. The whole family benefits."

Closing paragraph. Etc. We came out with valuable tools and connections for working with our kids. For example, we talked a lot about the core values in our families and how they can be named the values, guidance is provided on the rules and regulations that work."

J.K.!

WHEN “JUST KIDDING”, ISN’T

*“What is a bully?”,
asked Trudy Ludwig
of the assembled
SCDS students,
ages 5 through 9.*



Ms. Ludwig is an award-winning author specializing in children’s books that explore the colorful and sometimes confusing world of children’s social interactions. She has received rave reviews nationwide from educators, experts, organizations, and parents for her passion and compassion in addressing relational aggression—the use of relationships to manipulate and hurt others. Says Trudy, “my daughter, who was seven at the time, became the target of bullying friends. It was one of those experiences that had a profound impact on the both of us. I didn’t want to fight my daughter’s battles; I wanted to give her the social skills and tools she would need to fight her own battles in life.”

At the SCDS assembly, kids agreed that a bully is someone who “does mean things to another kid.” Trudy asked what a bully looked like.

“They look big and mean.”

“They are hairy and wear tattoos.”

“They wear black clothes and have ripped pants.”

“They can look like anything.”



Trudy told the kids that “If Jeff is a bully, It has more to do with what is wrong with Jeff than with you. Don’t let Jeff hurt you, turn it around.”

“Ah yes,” agreed Trudy to the last comment. “Did you know that we have all worn the bully hat? How many of you want to be mean back when someone is mean to you?” Lots of hands shot into the air. “That’s easy to understand, but let’s explore it,” she said. Trudy then talked about physical scars—the kind you might get from a bad fall off a bike. “Scars last a long time, don’t they? We can clearly remember when they happened. Scars on the heart happen with most kinds of bullying. We can’t always see them, but they are there and can take a long time to heal.” She enumerated the ways kids can be bullies :

The Silent Treatment:

Your friend suddenly and obviously stops talking to you. Being a bully is most often not physical.

Exclusion:

“If you don’t let me play that game, I won’t invite you to my birthday party.”

Just Kidding:

When a joke has a sharp edge, it hurts. The damage is done and saying “just kidding” doesn’t make it all right.

Trouble Talking:

This type of bully says bad things about someone to another person, gives hurtful advice, shares others’ information, and spreads harmful rumors.

She encouraged the students to “hang out with kids you make you feel good” and to be a Superhero, not a Bystander—someone who does nothing when someone else is being bullied. “When we laugh at someone being bullied, we are agreeing that it’s okay to be funny and mean,” says Trudy.

She introduced the kids to their invisible tool belt containing a set of tools any of them can use to prevent

bullies from getting the best of them. She had volunteers come up to the front of the room specifically to “bully” her. Many kids had a hard time being insulting, but eventually, one volunteer managed to call out, “You have really big feet!” Right away she used her tools. A few of them included:

Agree:

“Yes, you’re right! I do have big feet! Thank you for noticing!

Ho Hum:

“So?” “Whatever.” “Who cares?”

Walk Away:

Don’t respond at all. Just leave the scene.

Trudy told the kids that “If Jeff is a bully, It has more to do with what is wrong with Jeff than with you. Don’t let Jeff hurt you, turn it around.” The demonstration reminded kids that, as Trudy says, “bullies want to take your power away. Don’t let them.”



A caption for these two books could go here, if necessary.

2007-08

Annual Report



We met our
\$360,000
Annual Fund Goal!

ACTUAL PROCEEDS
WERE \$36X,XXX

Highlights:

- First year in our new Middle School Building and renovated campus
- Board of Trustees published its Five-year Strategic Initiatives
- Largest 8th grade graduating class in SCDS history
- Most admission applications ever

Gifts of every size matter:

X were gifts below \$1,000
Lorem Ipsum Dolor
Sit Amet Lorem Ipsum
Lorem Ipsum Dolor

Best auction ever!

341 guests attended Anchors Aweigh, and over \$260,000 was raised.

A new record!

Thanks and appreciation go to the leaders of our parent volunteers:

- Lisa Carroll, Chair, ANCHORS AWEIGH Auction
- John & Megumi Haskin, Chairs, COUNTRY DAY TODAY! Annual Fund
- Leslie Magid Higgins, President, Board of Trustees
- Laura Kleisle, President, Parent Council

Thank you for your generous support!

General Operating Revenues & Expenses: 7/1/07 - 6/30/08

Revenue

Student Tuition & Fees	⌘ 5,498,600
Student Activities	⌘ 365,400
Contributions	⌘ 477,800
Capital Campaign	⌘ 399,700
Investment Income	⌘ 1,386,700
Other Income	⌘ 8,800
Total Revenue	⌘ 8,137,000

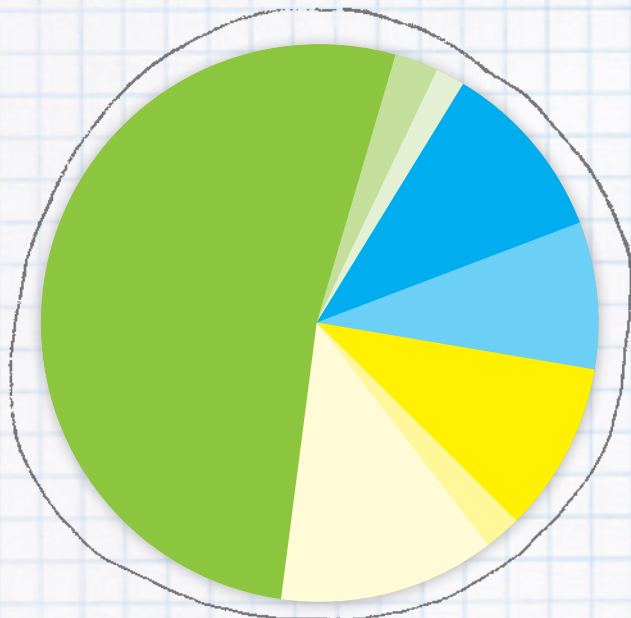
Expense

Instructional	⌘ 2,891,700
Financial Aid	⌘ 383,900
Student Activities	⌘ 457,800
Plant Operations & Maintenance	⌘ 988,400
Administration	⌘ 1,382,300
Facilities Improvement Project Fund	⌘ 399,700
Capital Improvements & Reserves	⌘ 1,633,200
Total Expense	⌘ 8,137,000

Donors by constituency

The chart below illustrates the sources of support for the SCDS 2007-08 Annual Fund.

The Annual Fund raised ⌘36X,XXX.



- Current Parents 53%
- Trustees 3%
- Other 1%
- Alumni Parents 10%
- Grandparents 9%
- Faculty/Staff 10%
- Alumni 3%
- Matching Gifts 11%

Thank you for your generous support!

Annual Fund

The Annual Fund is the cornerstone of giving at SCDS. It augments our yearly operating budget, making so many more things possible for our school community. Thank you for supporting the people and programs that make SCDS so special.

\$10,000+

- * Michael and Rosemary Boyle T, CP, AP
- * Leslie Magid Higgins and Pete Higgins T, AP
- * The Jordan Family CP
- * Edward and Joanna Jung CP
- * Sandy and Jack McCullough T, CP
- * Beth and Tom Morgan CP

\$5,000-\$9,999

- * Jim Brown and Mary Ingraham CP
- Paul and Senmi Carter CP
- Gakyung Chung & Robert L. Kirkman CP
- Tim and Nicole Engle CP
- Gwen and Rich Glew CP
- John and Lisa Graham CP
- Renee Harbers CP
- * John and Megumi Haskin CP
- Tina and John Jacobs CP, AP
- Bharathi Jagadeesh and Stan Berman
- The Pomegranate Fund
- * Donna Sakson and Jonathan Mark T, CP
- Frank Woodruff and Jan Agosti CP, AP
- Anonymous

\$2,500-\$4,999

- Julie Barbo and Mark Maghie CP
- David Billstrom and Hillary Lombard CP
- Leonard and Missy Blum CP
- Brant and Pey-Lin Carroll CP
- Andrew and Margaret Certain CP
- Paul and Heidi Danilchik CP
- * Will and Jennifer King Daugherty CP
- Michelle Wilson and Doug Davis CP
- Richard and Martha Draves CP
- Oren and Ruth Etzioni CP
- * Sally and Eben Frankenberg CP
- * Frederick Guinee and Pamela Passman CP

- Dave and Suzanne Huey CP
- * Len and Jennifer Jordan CP
- Gaylord and Robin Kellogg CP
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- Ralph and Lynda Lipe CP
- * Traeger and Carolyn Machetanz CP
- * Julie Mackoff and John Bennett CP, AP
- Michael and Marianne Maxin CP
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- * Steve and Elizabeth Miller CP, AP
- * Tom and Teresa Monahan CP
- * Michael Nesteroff and Kimm Viebrock T, CP
- * Randy and Lea Anne Ottinger CP, AP
- * Guy and Stacy Post CP
- Roger Ressmeyer CP
- * Nancy and Rich Senseney T, CP
- Bart and Naomi Stroupe CP
- * William and Ruth True CP, AP
- * Todd and Ruth Warren CP, AP

\$1,000-\$2,499

- Karen Akiyama Ressmeyer CP
- Paul and Paula Arnold CP
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- Michael Bernard and Julia Hsieh CP
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- Christian and Kelly Finn CP
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- * Rick Gunderson and Anne Schwab CP
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- Gregory and Elizabeth Jones CP
- * Carl Kadie and Nanci Vaeth CP
- * The Kahle Family CP, AP
- * The Family of Mitch and Karen Kent T, CP
- * Hans-Peter Kiem and Dana Swenson CP
- Kris and Courtney Klein CP

- * Steven and Barbara Koh CP
- Carolyn Lathrop and Rob Malinowski CP
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- * Lora and Parker Mason CP, AP, PT
- * Mark Masterson and Wanda Wong CP
- Brian McMullen and Ramona Emerson CP
- * Eric and Luci Meyer CP
- Jan and Angela Miksovsky CP
- * Paul and Barbara Mockett CP, AP
- * Joan Morse and Dean Hachamovitch T, CP
- Michael and Deborah Murphy F
- Bill Muse and Beth Scott CP
- Kristen and David Onsager CP
- Kevin and Cheryl Overbey CP
- * Julia Paden and Brian Hulse CP
- * David Robinson AP
- Milton and Ruth Rubin GPC
- Sean and Robin Scarlett CP
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- Floyd and Tsering Short CP
- Max and Jane Slade CP
- Srivatsan Family CP
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- * Peter Thompson and Teresa Alonso Thompson CP
- * Cory Van Arsdale & Melissa Yeager CP, AP
- * Rafael and Jeanette Villagran CP, AP
- * Kathy and Paul Wade CP, AP
- Landy and Katie Wang CP
- Roger Wylie and Daiva Tautvydas CP
- George and Bonnie Zinn CP
- Colleen and Scott Zorn CP
- Anonymous CP

Up to \$1,000

- * Brenda Ajbour F
- Charles and Kinuko Akiyama GPC
- Susan Rich and John Ames CP
- * Nicki Amos F
- * W. Phil and Jenny Anderson CP, AP
- Tom Anderson F
- Crystal Aspen F
- Alan and Terry Axelrod AP
- Miriam Ayala F
- Alice Baggett F
- Brent Baker and Valerie Street CP
- Mike and Reneé Bang CP
- Lucy P. Baraquio CP
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- * Sally and Mike Bauer F
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- Larry and Gladys Benzing GPC
- * Traci Walker Blair F

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* Shanon Boyns AP
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* Albert & Holly D'Annunzio AP
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Carolyn Davis AS
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* Faust Family CP
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* Maribeth Spencer CP
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Lena Yim **F**
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* Winnie Young **F**
* Liane Yuh and Jack Coleman **F, AP**
M.A. Zinn **GPC**
Mark and Beth Zobel **CP**
Anonymous (7)

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Boeing
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Merrill Lynch
Microsoft
Real Networks Foundation
Stafford Frey Cooper
Starbucks Matching Gifts Program
The Bill & Melinda Gates Foundation
Tyco
Virginia Mason Medical Center
Washington Mutual

Designated Gifts

Diversity Fund

Donald Guthrie and Elizabeth Hebert
Mark Masterson and Wanda Wong
Liane Yuh

Gifts in Honor

Molly and Avery McCammon
Nicole Conrad

Library Fund

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Sandy and Jack McCullough
Sara H. Mockett
Kristen and David Onsager
Dave and Debbie Pearson
Jeanne Peterson
Tracy Robinson
Richard and Anne Schaefer
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Landy and Katie Wang
Colleen and Scott Zorn
Anonymous (2)

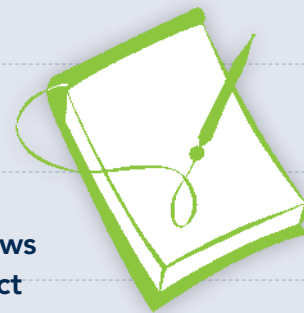
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Sharon Birzer and Michael Rubin
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Michael and Rosemary Boyle
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Cheryl and Andrei Sizov
Dave Trop and Lisa Campney
Anita and Mintu Uppal
Cory Van Arsdale & Melissa Yeager
Frank Woodruff and Jan Agosti
Anonymous

Key to Codes

T = Trustee
FT = Former Trustee
CP = Current Parent
AP = Alumni Parent
GP = Grandparent
***** = 5 or more years consecutive giving

CLASSNOTES



SHARE YOUR STORIES! SCDS wants to hear from our alums! If you have news or updates to share about yourself or a former SCDS student, please contact Allison Bass at allisonbass@seattlecountryday.org or call 206-691-2620.

DORRIT (BROWN) LOWSEN '89 married Maj. Michael (Ben) Lowsen in New York City on December 15, 2007. Dorrit complete her MBA at the New York University Stern School of Business in May, 2008. She and Ben then moved to Beijing, China where Dorrit now works in general management at a small software outsourcing firm.

K. THOR JENSEN '90 recently celebrated both the first birthday of his son Henry and also the launch of Lost Bird Found, an artisanal textile company featuring designs by his wife Sara. See more at www.lostbirdfound.com.

JESSE DU BEY '91 graduated from University of Washington in 1999 and moved to New York City where he works for Providence Equity Partners. He and his wife Sonja met in Barcelona in 2003, and they've been married for two years. He says "Any other SCDS alumni living in NYC or passing through Chelsea, I'd love to hear from you!"

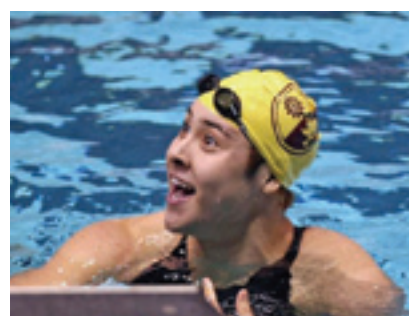
BENEDICT BROWN '92 received his Ph.D. in Computer Science from Princeton last June for work on the use of 3-D scanning in cultural heritage applications. He is now a post-doc at the Katholieke Universiteit Leuven in Belgium, where he is continuing some of his Ph.D. work on computer-aided re-assembly of ancient frescoes.

ANTOINETTE (TONI SWENSSON) HIPPE '93 is pursuing her artistic dreams, having started her art business Magic Magpie Studio in 2007. She currently lives in Greenwood with her husband, and has shown her art at many local coffee houses, yoga studios, and institutions. A gallery of her work can be found at www.MagicMagpieStudio.com.



MOLLY MONTES '98 graduated from Yale University. She earned a degree in biomedical engineering degree, as well as a grant to spend a summer in South Africa studying lions. She has since travelled around the world, including to India to study medicinal herbs, and Australia to volunteer with World Organization for Organic Farming. She is now in her second year of medical school at the University of Rochester in New York.

ZACH MONTES '02 is a junior at Carleton College. Last summer he worked on paleomagnetism at the University of Minnesota through a National Science Foundation internship. This quarter, he is traveling in the Cook Islands, New Zealand, and Australia his art professor and other Carleton students to study the people, culture, and environment.



Harvard-bound **OWEN WURZBACHER '05** of Lakeside is all smiles after defending his state championship and breaking a 3A meet record in the 200 individual medley in February.



REUNION

This winter brought together an ad-hoc reunion of SCDS alumni who were involved in the drama program. (Front row L-R) Ellen Miller '02, Paige Pauli '00, Laurel Stewart '01, Julia Masnik '00, (back row L-R) Winslow Johnson '99, George Holmes '99, Sam Russell '01, Sarah Goldblatt '00, Sam Calandra '98, Robin Stewart '98.

IN MEMORY OF: JEFFREY TROMPETER '95 who passed away September 7, 2008 at home. After attending Seattle Country Day School for grades K-6, Jeff attended University Prep and Evergreen State College. Among his many endearing qualities Jeffrey is especially remembered for his deep concern for those in need and his wonderful sense of humor.

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Kinetics Magazine

Kinesis comes from the Greek word for motion, and "kinetics" is used in the vernacular to describe mechanics associated with the forces that cause motions of bodies. At SCDS, we're all about energy and active learning. Every day, SCDS teachers engage students' minds and bodies through inquiry-based teaching.



A Grad Returns

Sam Fisher '00, who recently graduated from Dartmouth with a degree in economics, worked with Sally Bauer's first graders, making Valentines for SCDS alums.

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