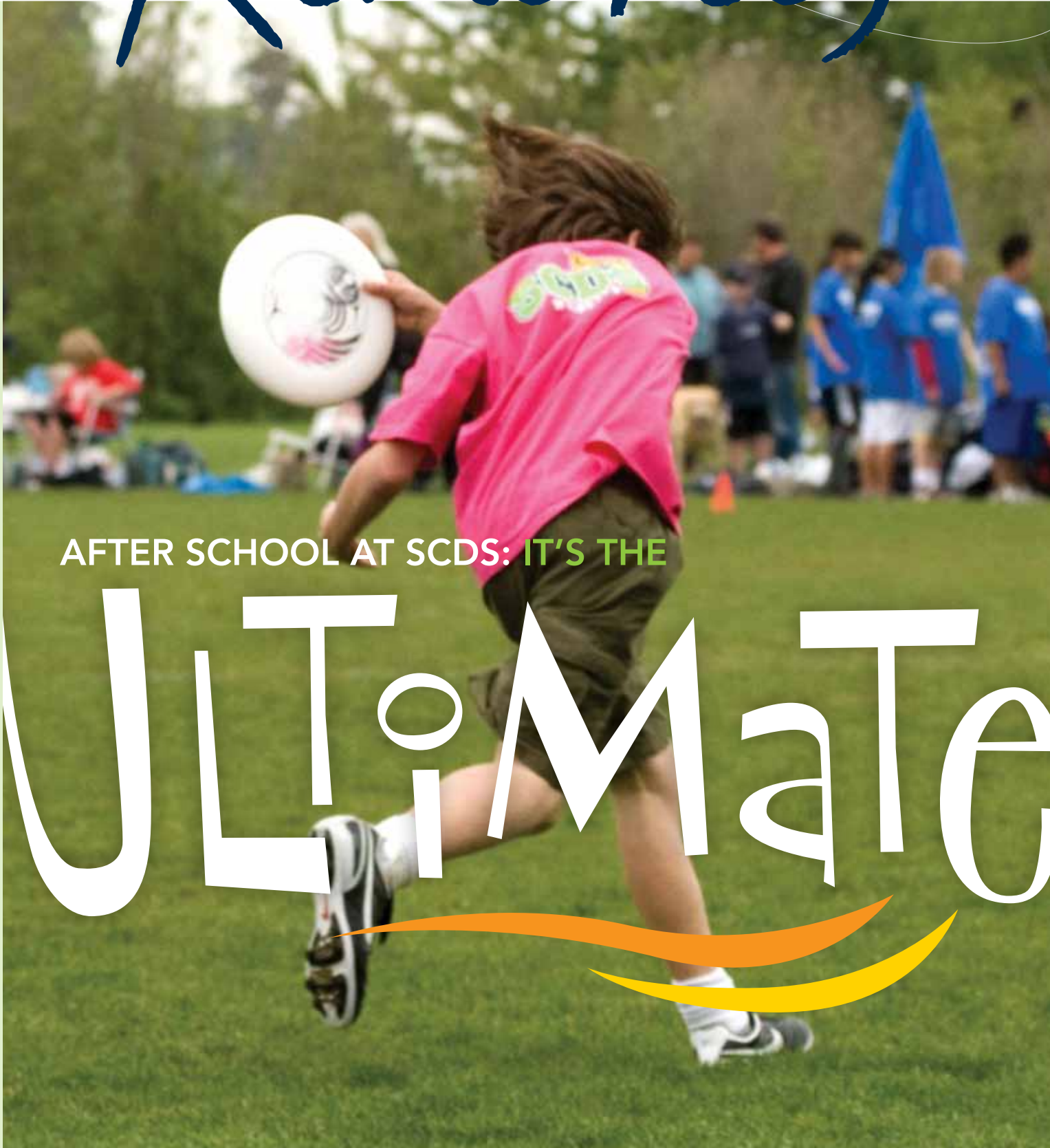


# Kinetics



AFTER SCHOOL AT SCDS: IT'S THE

# Ultimate





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*Kinetics* is produced by Seattle Country Day School for its current and former families and friends. Inquiries may be sent to Seattle Country Day School, 2619 4th Avenue N, Seattle, WA, 98109.

#### THE SCDS MISSION

Seattle Country Day School is an independent kindergarten through 8th grade school committed to developing the abilities of children of high intellectual and creative promise. Using inquiry-based teaching strategies, SCDS promotes academic excellence and enthusiasm for learning. Within a nurturing environment, the school cultivates responsible behavior and honors each child.

#### NON-DISCRIMINATION STATEMENT

Seattle Country Day School strives to maintain a diverse school community. The school does not discriminate on the basis of race, religion, color, creed, national or ethnic origin, gender, sexual orientation, or disability in administration of its educational policies, admission, financial aid, or any other school-administered programs.

# FROM THE HEAD OF SCHOOL



Dear Friends,

**As each school year begins, our teachers, administrators, and trustees ponder their own goals, charges, and objectives which will guide their work and thinking in the months ahead. With role clarity, everyone works toward the same end: making Seattle Country Day School the best place it can be.**

Contemplating my role for the coming year, and informed by the school's strategic planning initiatives and input from the Board of Trustees, I always start with the school's mission. All schools want their students to reach their potential. At SCDS, our mission is to serve the unique educational needs of gifted children.

The needs of SCDS students are no greater or less important than other students; they are just different. A graduate of SCDS described SCDS students this way:

"They are highly inquisitive, and rarely satisfied with information. They are often more interested in theory (why) than knowledge (what). They may prefer to develop their own processes for problem-solving... through reasoning and developing their own algorithms instead of just applying given solutions. They can be socially ostracized from their typical age-peers, regardless of their actual social ability."

At SCDS we respond to these needs through inquiry-based teaching, problem-solving, an appreciation for complexity, and a differentiated curriculum which offers depth over breadth. Learning happens at a pace which allows for discovery, exploration, and creative application of skills and ideas. Such an approach helps students reach their full potential and—particularly in our K-8 model—establishes an intrinsic, lifelong love of learning.

In this issue of *Kinetics*, we share an additional side of SCDS, one that provides our students with challenges beyond the classroom. As Patrick Bassett, President of the National Association of Independent Schools, says, "Exceptional schools prepare people not only for this year's tests, but for all of life's tests." Since we teach the child as well as the subject, after-school activities are so important, because they help to round-out our children.

Thank you for your continued interest in and support of SCDS, its mission, and its people.

Best,

Michael G. Murphy, HEAD OF SCHOOL

# Ultimate

“*Back to the country!*”

is the cry of the advocates of one of our sanest philanthropic movements,” exclaimed William Starr Myers in his 1912 paper, *Country Schools for City Boys*, describing the nascent Country Day School Movement. “To free thousands of our best citizens from the unwholesome and harmful influences of crowded houses, poor light, and bad air, and to restore them to the open field, free from unnatural restraints, and the blessing of sunshine, are objects worthy of the best efforts of the American people.”



Though today, the scores of “Country Day” schools in America vary widely, this movement, which began in the late 19th century, sought to recreate the best of college prep boarding schools, while allowing students to return to their families at the end of the day. Avoiding the pollution, crime, and health problems of the 1900’s industrial city, Country Day Schools were located in what we now consider suburbs. Rather than “dawdling or loafing” said Mr. Myers, boys could “devote their afternoons to vigorous play” in a variety of activities.

Ironically, Seattle Country Day School has one of the most urban campuses in Seattle. And at SCDS, the boys Mr. Meyers describes with “good red blood in their veins” have always been joined by girls. But more than 100 years after the movement’s beginnings, he would have delighted in the palette of after-school activities provided to our students. In our own modern way, we are keeping alive the best traditions of Country Day Schools by giving kids a variety of opportunities to run, sing, act, study, and develop a wide range of skills beyond the classroom. After school at SCDS: It’s the ultimate!

# AFTER SCHOOL AT SCDS: IT'S THE

Don't call it **Extended Day**. That would not be cool. What happens at SCDS after school is known by students as X-Day. On any given day, almost half of the student body is involved in after-school programs. Out of that number, 50 to 75 kids attend X-Day. "The key to this program is flexibility," says Extended Day director Traci Blair. "We offer free time for class projects, computer games, library, arts and crafts, board games, gym time, reading, and various teacher-designed activities." In addition to X-Day activities, SCDS clubs exist to meet a wide range of student interests: Chess, Clay Animation, Destination Imagination, Drama, Focus Choir, Jewelry-Making, and Math. For those who want a physical challenge, sports teams abound through the Athletics Department, that include soccer, cross-country, basketball, tennis, volleyball and ultimate. Clearly, there is a lot for eager kids to learn and do at SCDS after the regular school day is over!

## WHAT IS IT ABOUT ULTIMATE?

To parents everywhere: if you are dismayed by the antics and poor sportsmanship of the pro-sports world, be very glad if your child plays ultimate. This fast-moving game (formerly called ultimate frisbee) that resembles soccer with a flying disc instead of a ball, has captured the interest of American kids, particularly on the east and west coasts. And nowhere more than in Seattle. At SCDS, almost 100 Grade 4-8 students turn out for Ultimate in the Spring—nearly a third of the student body!

Ultimate began in 1968 in Maplewood, New Jersey, when a group of students first played on an asphalt parking lot at their high school. As those students graduated from high school, the game spread to the college level. Ultimate is unique among competitive team sports because there are no referees. The honor system prevails, guided by the "Spirit of the Game." An excerpt from ultimate rules states: "Ultimate relies upon a spirit of sportsmanship that places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules, or the basic joy of play."

When asked why they like ultimate so much, kids will often respond, "Because I'm good at it!" Says grades 7-8 social studies teacher Mary Lowry, who has played ultimate at the highest levels, coached

Youth Ultimate for 16 years, and is an SCDS ultimate Coach, "That's actually a great answer. Ultimate has a quick learning curve. It's easy like soccer, but less time consuming. When kids are little, it's random wild fun. As they progress they build endurance because ultimate has even more running than soccer. Kids eventually develop what I call 'field awareness' and they learn how to think strategically. The fact that they self-referee is incredible for building sportsmanship, judgment, and maturity."

### Nearly a third of the SCDS student body turns out for Ultimate!

It was over twenty years ago that Mary began ultimate at SCDS. It was an elective played during lunchtime. She says, "I had to scrounge to find other teams for our students to play." In 1984, she was a founding member of Disc NW. "That first year, we had a total of 6 teams!" Today, that's hard

to believe given the turnout at *Spring Reign*, the largest Youth Ultimate tournament in the nation. Held in Burlington, Washington, there are 70 teams participating from elementary through high school. "SCDS has never focused on being a 'sports school' per se," says Mary, "but it's amazing to see the huge involvement and bonding between our classes at Spring Reign. And most importantly, we are frequent winners of the *Spirit of the Game* Award, something that has huge meaning for our students."

# ULTIMATE

## CHESS CLUB GOES NATIONAL

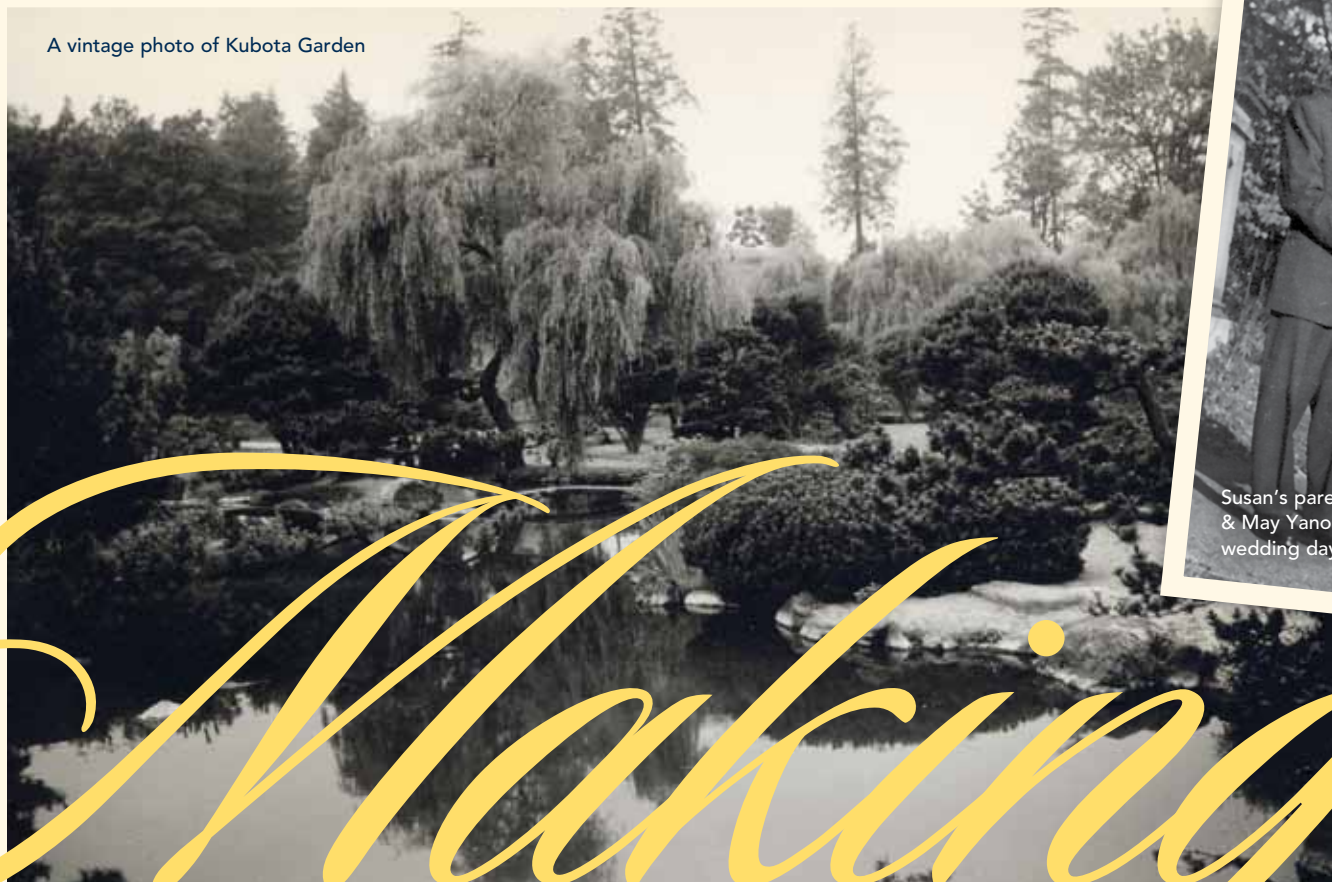
Last spring, six grade 4-5 members of the 40-member SCDS Chess Club competed in the 2008 National Scholastic Chess Championship, as shown below from L to R: Zeb Burke-Conte, Mac Mowat, Will Howie, Austin Li, Noah Franklin, and Cameron Cummings. The tournament was held at the Pittsburgh Convention Center, which according to Cameron Cummings is a "really, really, really big place." Each chess club member played seven long, formal chess games of up to four hours each "in an über-huge room that housed the 2,500 competitors" noted Cameron. He added, "my most exhilarating game was a loss against a player who used a super-sophisticated opening trap that I had never seen before." The SCDS team was small but mighty. Out of 100 teams in their section they won 6th place in the nation! Congratulations!



## WHAT'S A "MATHLETE?"

The kids in Math Club exercise their minds and sharpen their skills to compete in events like the Middle School Washington State Math Championship, held last spring. It is the largest academic competition in Washington State with over 1,200 mathletes competing. Described as a day of "invigorating mathematics," the competition included a 30-problem individual test, mental math problems, probability, algebra, geometry, and a "potpourri" exercise. Led by coach Granya O'Neill, SCDS awards included 5th place among all 6th grade teams, and 2nd place among all 8th grade teams.

A vintage photo of Kubota Garden



Susan's parents, George & May Yano, on their wedding day

*Radish Seeds.* They form one of the few personal memories passed along to SCDS 2nd grade teacher Susan Mise by her mother May about Camp Minidoka in Idaho, where twelve members of the family were interned during World War II. Susan's maternal grandmother brought the seeds with her from Seattle and planted them immediately upon arriving at Minidoka. A wise move, because other than those eventual radishes, no fresh fruits or vegetables were ever provided to those confined.

It's an apt memory, because Susan comes from a gardening family. Her grandparents were the Kubotas; her grandfather Fujitaro established the Kubota Gardening Company in 1923. He designed and installed gardens throughout the Seattle area, including gardens at Seattle University and Bloedel Reserve. But the centerpiece of the company was 20 acres in Rainier Beach known as Kubota Garden. It was there that Fujitaro displayed the beauty of the Northwest in the Japanese manner. For years it was the social and cultural center for the Japanese community in Seattle.

It was through this tight-knit community that May Kubota met George Yano, who would one day become her husband. They both attended the University of Washington, but their college education was abruptly halted and their lives radically changed by the internment. In fact, May was only one quarter short of graduating when forced to leave college.

Can amends be made for this dark episode in our nation's history after 66 years? Last spring, the University of Washington held a ceremony called "The Long Journey Home" to honor the 440 Japanese

*In 1987, the City of Seattle acquired Kubota Garden and we are lucky to have such a unique urban refuge. The serene and gracious surroundings of this spectacular garden are truly a testament to Susan's relatives.*



Above: Susan Mise, Grade 2 teacher at SCDS, with the diplomas awarded to her parents this spring from the University of Washington

American students of 1942, by awarding them, in the words of one of the speakers, "not just honorary degrees, but degrees earned with honor." UW President Mark Emmert presided over a full graduation with faculty in their academic regalia. 100 of that original number of students are still living, but sadly, not George and May Yano. Susan's family accepted diplomas in their behalf. "Mom and Dad would have been so proud to see their grandson Alex (a freshman at Syracuse University) accept for them", says Susan. She adds that the ceremony "very much touched our hearts."

As for Kubota Garden? It was completely abandoned during the four years of the interment. Upon returning home, the family was "absolutely stunned by how horrible it looked," says Susan. Despite all the difficulty of those years, no one in the family really talked about it. "It was as if they wanted to get on with their lives and leave that terrible time in the past," says Susan, "I don't remember them ever being bitter."

After the war ended, George and May went to Ohio. They married in Cincinnati in 1944, and George completed his education at Otterbein College.

Eventually, they returned to Seattle. George first worked at Kubota Garden, and later became an accountant. May chose a career as an insurance agent.

Reflecting upon her parents, Susan says, "They wanted us to be in the mainstream of American life, and made a concerted effort not to talk about those days. It's hard to imagine this when we talk about everything so freely today. As a girl, I can even remember being mortified when my mom 'forgot' and put sushi in my lunch!" She adds, "They felt that with education and hard work one got ahead and that's basically what they did, and encouraged us to do. They were proud to be Huskies their whole lives."

Before Fujitaro Kubota died in 1973, he was honored by the Japanese Government "for his achievements in his adopted country, for introducing and building respect for Japanese Gardening." In 1987, the City of Seattle acquired Kubota Garden and we are lucky to have such a unique urban refuge. The serene and gracious surroundings of this spectacular garden are truly a testament to Susan's relatives—a family that endured a difficult time and went on to grow and thrive in the most gracious way.

# PEOPLE & PLACES

## Barb Clagett 4-5 DIVISION HEAD



World traveler, musician, skier, mother of 4, grandmother of 5. And did we mention teacher? Barb Clagett is a woman of experience!

Educated at Stanford and Berkley for her undergraduate degree in history, Barb received her teaching certification from Seattle University and a Master's in Applied Behavioral Science from Bastyr University. In addition to working at SCDS intermittently for the past ten years in administration, admissions, and the classroom, Barb also taught at Northwest, Lakeside, and Bertschi. She says, "I love working with students in multi-faceted ways; they are intriguing beings to me, capable of growing in so many important ways."

Barb's formal education is certainly enhanced by her experience of the larger world. She has lived in, or traveled to, Europe, Uzbekistan, India, Nepal, Russia, Nigeria, Mozambique and the Middle East. She's also traveled widely here in the U.S.—to include leading ten Elderhostel tours—and lived in Minnesota, California, and Massachusetts.

Here in Seattle, Barb plays viola in various chamber groups, including Philharmonia Northwest, belongs to several social/spiritual groups, hikes with friends, and looks forward to cross-country skiing during Winterim.

## T.J. Mackey MIDDLE SCHOOL HEAD

T.J. grew up in Cincinnati, Ohio and graduated from The Ohio State University with a degree in Political Science and English. He started his career in education coaching lacrosse on the collegiate level and eventually added college admissions work.

After a move to Maine and teaching at Bridgton Academy, T.J. worked as an outdoor educator and guide. He returned to the classroom at Carrabassett Valley Academy and also served there as the Dean of Students.

Subsequent to earning a Masters in Education Leadership at the Teachers College, Columbia University, T.J. became the Assistant Head of School at Telluride Mountain School, and most recently he served as Assistant Head of School at Heritage Academy in Hilton Head Island, South Carolina.

T.J. is married and very much in love with a creative and talented custom-jewelry designer named Alison. They have settled in Wallingford with their Chesapeake Bay Retriever, Zephyr, and cat, Phoebe. T.J. says, "I am happy to be at SCDS and looking forward to working with a great group of students and inspiring faculty."



## Vicki O'Keefe MIDDLE SCHOOL TECHNOLOGY

When Vicki O'Keefe started at the University of Minnesota she had planned to be a photojournalist. The love of photography and literature turned into a degree in English followed by a fifth year at Seattle University where she received her teaching certification 20 years ago.

After teaching English to 7th and 11th grade students at University Prep for a decade, Vicki became interested in technology while creating the yearbook, and received a master's in Educational Technology at Lesley University. Technology has brought together many of her passions including storytelling in film, performances of Shakespearean plays, website graphic arts, and interest in current affairs.

Vicki also just finished the certification program at University of Washington in Fiber Art and had a show in September at Canvas Art Gallery in Pioneer Square.



## James Loetterle 7-8 SCIENCE



James is part Washingtonian, part Californian, having lived in both states growing up. He has been teaching for eight years in various disciplines and levels. James studied abroad for 11 months in 1994 and received his BA in Latin American Studies from UC Santa Cruz in 1995. This background informed his work as a bilingual instructional aide for infants and toddlers with special needs, and as a bilingual first grade teacher in San Jose and Watsonville, California.

James' love of the outdoors influenced his eventual decision to study geology. In 1999, he earned a BS in Earth Science from UC Santa Cruz, and in 2004, an MS in Geology from the University of Washington. He worked in industry as an engineering and environmental geologist in Orange County and the San Francisco Bay Area, but he remained drawn to teaching. James subsequently taught geology and physical

science at Highline Community College from 2005 to 2008. The curricular opportunities at SCDS are exciting to him and he says, "I hope to engage my students in seeing the world through the lens of science."

When not in his classroom, James can be found up in the mountains, biking, skiing, or hiking.

## John Shepherd 4-5 P.E.

John is a lifelong Seattle resident. After graduating from Seattle University in 2003 with a bachelor's degree in English Literature, he obtained a master's degree in Sports and Exercise Leadership from Seattle Pacific University in 2006. In 2008 he earned a master's degree in Education with a teaching endorsement from Antioch University. In addition to teaching 4th grade, John has volunteered at multiple elementary schools in the Seattle area assisting in P.E., math, writing, science, and reading. John is passionate about promoting an active and healthy lifestyle among students. When not teaching James plays basketball, tennis, bowling, and walks his dog, Teigan.



CONTINUES, NEXT PAGE

# PEOPLE & PLACES

## Amy Colfelt SCHOOL COUNSELOR



Amy Colfelt is a Seattle native who attended University Prep. After earning her BA degrees from the University of Denver in French Literature and Religious Studies, Amy earned a Masters in mental health counseling from Antioch Seattle. She is a licensed mental health counselor and certified school counselor and worked for several years at Compass Health in Everett as a community mental health counselor. Amy journeyed far from her Seattle roots working as a school counselor at Brent International School in the Philippines and The American School in Tokyo, Japan. She and her husband Todd now reside in Ballard along with their two children, Gunnar, 4, and Tove, 2. They love to travel, spend time (preferably laughing) with family and friends, and enjoy the outdoors. When the weather doesn't cooperate, Amy is happy with a good book or Masterpiece Theater.

## Robyn Filimaua KINDERGARTEN

Robyn's growing-up years were spent in Washington, Scotland, France, and Virginia. This year marks her eleventh year as a teacher. With a BA in Sociology from Sweet Briar College and a Masters in Education from the University of Phoenix, Robin has taught grades K through 8 and grade 10 as well. Her subjects have been kindergarten, math, fitness and health, and language arts.

In college, Robyn was an enthusiastic athlete and participated in varsity volleyball, swimming, basketball, and softball. Today, she is All Things Volleyball. She runs the Northshore Juniors Volleyball Club and is its head coach. She is the head coach at Lakeside Upper School, Officials Chair for volleyball in the Puget Sound region, and is an official for Pro Beach, Collegiate, and National Indoor/Outdoor Volleyball. To top it off, this year Robyn was named Metro All-League Coach of the Year.

Robyn is married and has two children, Jourdin 2, and Kyleene, 3.



## IN MEMORIUM JOSEPH FRANKEL



**SCDS lost a long-time friend in Joseph Frankel, who died earlier this year. He served many years on the SCDS Board of Trustees and was the first to be appointed as a Trustee Emeritus.**

Joe was born in 1916 in Germany and was incarcerated in Buchenwald during World War II. He eventually emigrated to the U.S. and served 2 years in the U.S. Army. He received his BA and ME from Seattle University in Education and another MA in Germanic Studies from the UW. Joe was an educator and administrator for 30 years with the Seattle Public Schools. His commitment to his community, his students, and his love of music, books, and educating people will be a lasting legacy.

# Interview



This issue's interview is with **Traci Walker Blair**, who has been the SCDS Extended Day Director since 1999 and is our after-school expert. This summer, Traci gave birth to her second son, Cohen.

French philosopher and writer Marcel Proust was known for his witty answers to a series of intriguing questions, now known as the Proust Questionnaire. To learn more about our teachers, SCDS students created their own set of faculty interview questions.

**WHEN YOU WERE LITTLE, WHAT DID YOU WANT TO BE WHEN YOU GREW UP?**

A pediatrician.

**WHERE IS YOUR FAVORITE PLACE TO TRAVEL?**

Thailand.

**WHAT IS THE HARDEST THING YOU HAVE EVER DONE?**

Climbing Mt. Baker

**IF YOU COULD MEET ANYONE, LIVING OR DEAD, WHO WOULD IT BE?**

Albert Einstein

**IF YOU HAD ONLY \$1.50, WHAT WOULD YOU SPEND IT ON?**

\$1.50 currently in my pocket: Give the dollar bill to someone in need and purchase 4 Laffy Taffys with the rest.

Only \$1.50 to my name: Use the dollar bill to buy a Mega Millions ticket in hopes that I would win, and the 50 cents for 4 Laffy Taffys.

**WHAT WAS YOUR LEAST FAVORITE SUBJECT IN SCHOOL?**

History...without a doubt.

**WHAT ARE 3 THINGS YOU WOULD TAKE TO A DESERT ISLAND?**

Peter (husband)  
Hudson (son)  
Cohen (son)

**WHO DO YOU THINK IS THE GREATEST AMERICAN?**

Rosa Parks

**WHAT KEEPS YOU UP AT NIGHT?**

My wandering mind

**IF YOU COULD LIVE AS AN ANIMAL, WHAT WOULD IT BE?**

A tropical fish

**WHAT DO YOU THINK IS THE MOST IMPORTANT THING TO LEARN ABOUT A FRIEND?**

What makes them the happiest when they're down.

CHECK OUT WHAT'S BEEN  
HAPPENING AROUND CAMPUS!

# Campus news



Alums return for Grade 8 lunch, left to right

Front row: Genevieve Burgoyne '06, Emma Kahle '06, Hillary Tupper '06, Caroline Vokos '06, Katie Rodihan '06, Devon Thorsell '05

Back row: Stephen Diamond '05, Arianna Vokos '04, Matthew Bateman '05

## Becoming Alums

Over a pizza lunch late last spring, soon-to-graduate SCDS 8th graders learned what it means to become school alumni from Assistant Director of Development, Allison Bass. She encouraged students to keep in contact and to let SCDS know about special happenings or achievements in their lives as they go on to high school and beyond. As part of the event, 9 SCDS alums returned to campus to share their advice about high school, ranging from classes and homework, to extra-curricular activities and making friends.



Graduating Grade 8 students show off their alumni discs

Front: Moriel Behar

Back l to r: Michael Land, Sklyer Brochet, Brian Masterson, Ryan Kupyn



## CLASS OF 2008

Colin Froines accepts his diploma from SCDS Board of Trustees Chair, Leslie Magid Higgins and Michael Murphy, Head of School. Along with Colin, the graduating class of 2008 included Siena Ang, Moriel Behar, Skyler Brochet, Kody Burleson, Nick Firmani, Derek Gamlam, Jillian Gerke, Sophia Goldberg, Celeste Green, Matthew Groden, Sarah Gunderson, Madelyn Hadley, Michelle Hanneman, Zoe Ingraham Brown, Ben Kahle, Ryan Kupyn, Michael Land, James Lipe, Alina Marshall, Brian Masterson, Grace Noah, Mike Spearman, Jordan Spencer, Helaina Tupper, Sophia Vokos, Sam Warren, Maresa Woodfield.

Our grads will attend the following high schools: Lakeside (7), Northwest (4), Bush (4), Seattle Academy (2), University Prep (2), Bellevue High (1), Blanchet High (2), Garfield High (1), Holy Names (1), Interlake High (1), Seattle Prep (1), University of Washington Early Entrance Program (1)

## The Margin of Excellence

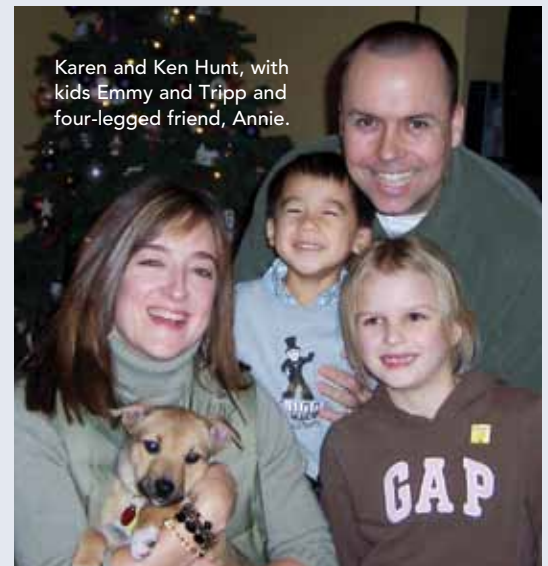
"SCDS is about great teaching," says *Country Day Today!* Co-Chair, Ken Hunt. "I've had many examples in my own life of teachers who've had a tremendous positive impact on me, and I know that already in her young life, my daughter Emmy has been impacted the same way by her SCDS teachers." Ken, along with his co-chair and wife, Karen, think that it's important to draw the connection between recruiting and retaining great teachers, and the Annual Fund. "Tuition pays for the basics, but it's that extra financial support from our community that creates what we call a Margin of Excellence—funds that help provide additional faculty support and the curricular enhancements that make SCDS such a thriving place."

SCDS's 2008-09 goal is \$378,000, and already the Board of Trustees, Parent Council, and the Annual Fund Leadership Council have pledged 100% participation. "The early support is really exciting," says Karen Hunt, "but I'm not surprised. The SCDS community is wonderful." Ken and Karen encourage 100% of our community to pledge by December 31. "After all" says Ken, "teachers have given our kids 100% of their talent and dedication. That's worth supporting."



Country Day  
*today!*

THE SCDS ANNUAL FUND 2008-2009



# CLASSNOTES



**SHARE YOUR STORIES!** SCDS wants to hear from our alums! If you have news or updates to share about yourself or a former SCDS student, please contact Allison Bass at [allisonbass@seattlecountryday.org](mailto:allisonbass@seattlecountryday.org) or call 206-691-2620.



**JASON FROGGATT '83** and Wendy Lister's daughter, Sadie Froggatt (left), is now 18 months old! Jason is a partner in the Seattle office of Davis, Wright, Tremaine.

**JULIE (KIRKPATRICK) HALEY '90** and her husband Jake welcomed their first child, Makena Jane Haley, in June, 2008. They live in California.

**TODD MORGAN '91** and his wife Wendy Lawrence were joined by their son Oliver Lawrence Morgan on March 13, 2008. Todd is a urology resident at University of Washington, and has accepted a fellowship at Vanderbilt University in 2009.

**TREA SCHOCKEN '91** married Benjamin Diamant on September 7, 2008. Other SCDS alumni in attendance were **ANDY SCHOCKEN '88**, **TODD MORGAN '91**, and **ALLISON (DOYLE) BASS '91**.

**STEFANIE ZWEIBEL '91** earned an MBA from

INSEAD, a 1-year business school that has campuses in both France and Singapore, and is now working for the second largest beer company world wide, SABMiller, on their newly formed Global Innovation Team running innovation platforms and projects showing what the company could/should be looking at.

**CORDELIE WITT '00** graduated from the University of Washington with Honors in Neurobiology. She spent the summer interning in hospitals in Sivakasi and Tirunelveli, India, and now attends University of Michigan School of Medicine where she was awarded a full scholarship.

**LINDSAY MEYER '03** began rowing with Lake Union Crew in 8th grade at SCDS, and continued while attending high school at Holy Names Academy. Within two years, she was medaling at national and international sculling competitions individually, in doubles, as well as in quads. Most recently, Lindsay participated on the US Rowing quad sculls in the Beijing Olympics where her boat finished fifth. Currently, she is a freshman at Stanford University, where she is also a member of the crew team.



## IN MEMORIAM: CATHY SALTWICK '85

was involved in a fatal car accident on May 30, 2008 in Botswana where she was serving as a Peace Corps volunteer, helping with prevention of mother-to-child transmission of HIV/AIDS. She was involved with many service organizations prior to her commitment to Peace Corps, including Children's Hospital, The Stanley Stamm Camp, Swedish and Virginia Mason Hospitals, Lions Eye Bank, and Northwest Tissue Center. She is also remembered for her enthusiastic participation in SCDS alumni activities prior to moving abroad. The Seattle Country Day School community, along with her friends both in Seattle and around the world, mourn the loss of this loving and energetic woman whose memory leaves us all with a smile.

## STAY CONNECTED!

If you are interested in getting involved with future events and/or reunions, please contact the Alumni Office at [alumni@seattlecountryday.org](mailto:alumni@seattlecountryday.org). Want to reconnect in the virtual world? Join the "Seattle Country Day School Alumni Association" group on Facebook.



# Reunion Time!

**SCDS hosts a reunion for alumni the year they graduate from high school. This year, the Class of 2004 met on campus August 8 for an evening with their friends and families.**

1st row: Arianna Vokos, Sarah Quehrn, Annie Zamojski, Raleigh Edelstein, Jamie Weinstein, Courtney Keller, Brian Burnap, Priya Manion, Lizzie Boyle, Amanda Eng.

2nd row: Karlin Krishnaswami, Colette Kent, Hannah Niebulski, Paul Holmes, Greyson Peck, Zach Rait

3rd row: Kurt Benirschke, Cara Groden, Chris Reichert, Amy Woodruff, Ben Kumata, Jon Gould.

Inquire. Create. Nurture.

# Kinetics

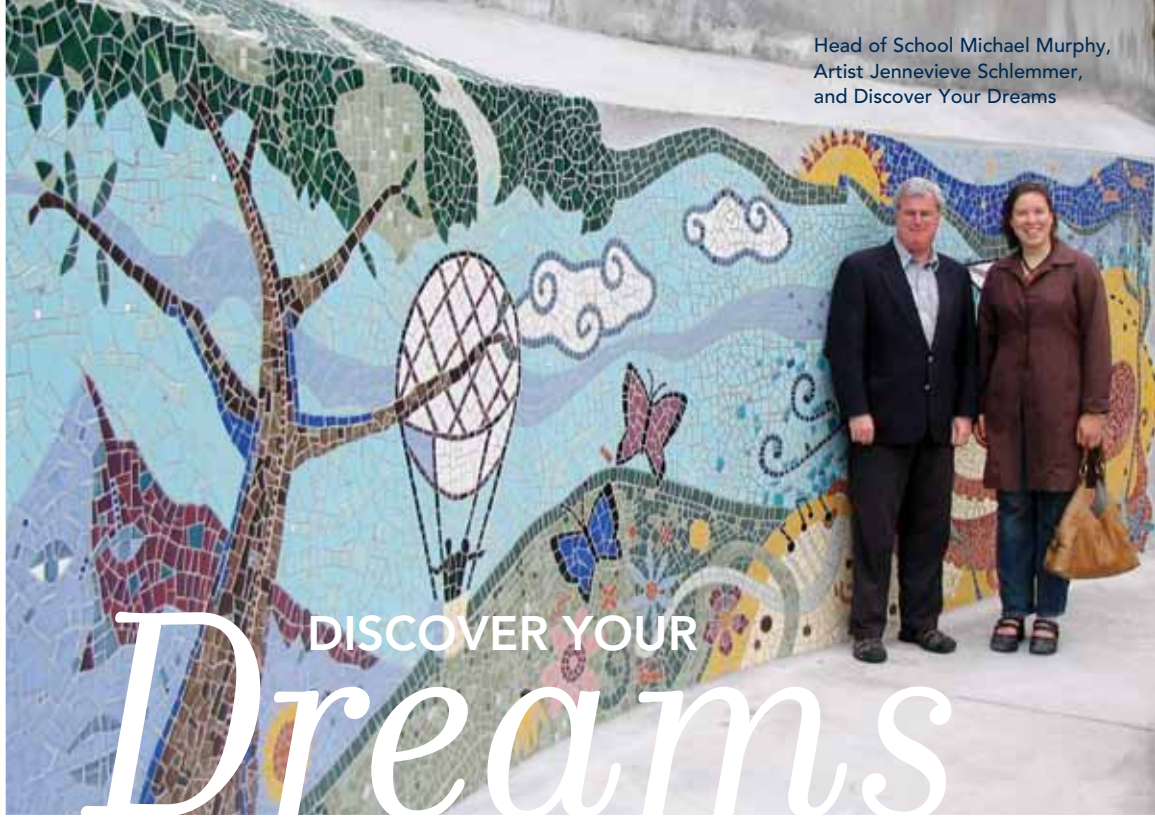
SEATTLE COUNTRY DAY  
SCHOOL MAGAZINE

» FALL 2008

## Kinetics Magazine

Kinesis comes from the Greek word for motion, and “kinetics” is used in the vernacular to describe mechanics associated with the forces that cause motions of bodies. At SCDS, we’re all about energy and active learning. Every day, SCDS teachers engage students’ minds and bodies through inquiry-based teaching.

Head of School Michael Murphy,  
Artist Jennevie Schlemmer,  
and Discover Your Dreams



# DISCOVER YOUR Dreams

Early this year, Jennevie Schlemmer, public artist and sculptor, began work to create a mosaic for SCDS. But she didn’t touch any art materials for weeks! She first met with all of our students in several brainstorming sessions that resulted in large themes like “embracing the unusual,” “hidden math is everywhere,” “playing with perspectives,” and “creativity in chaos.” She then reviewed student drawings for images that she found especially interesting. The result? A wise octopus reading a book, music notes on DNA, a mysterious mountain, and explorers in a hot air balloon—just some of the images in *Discover Your Dreams*, inspired by our students and made possible by the donors to the SCDS Anniversary Arts Fund.

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SEATTLE COUNTRY  
DAY SCHOOL

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